

Walk and Wonder: Connecting People & Place Through Literature & Nature

2018 Seward Community Foundation Mini-Grant Program

Latitude 60.1 Academic Pursuits

Ms. Kirstie Lorelei Willean Educator
P.O. Box 2303
Seward, Alaska 99664

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M: 907-362-1229

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Application Form

Instructions

The Seward Community Foundation (SCF), an Affiliate of The Alaska Community Foundation (ACF), seeks applications from qualified, tax exempt 501(c)(3) organizations (or equivalents, such as Tribal entities, schools, and faith-based organizations) that support charitable organizations and programs in the **Seward/Moose Pass** area. Mini-grants of up to \$1,000 are intended to be a flexible funding opportunity that may support a broad range of community needs throughout the year, including but not limited to health and wellness, education, the great outdoors, arts and culture, and community development.

Grant projects must be completed within one year of award and are subject to the grantee completing an online grant agreement signifying acceptance of the terms and conditions of the grant. A final grant report and any other outstanding follow ups must also be submitted online before the grantee will be eligible for future grant opportunities from SCF. Due dates and the forms to submit for these follow ups can be found by logging into the online grant system.

Grant applications must be submitted online. The Seward Community Foundation's Advisory Board reviews mini-grant applications at their monthly meeting and the **deadline to submit an application for consideration is the first Wednesday of each month.** Any overdue grant reports or other follow ups for previous grant awards from ACF and its Affiliates must also be submitted using the online grant system prior to the deadline for the current application to be considered.

Please review SCF's Mini-Grant Guidelines to determine your eligibility before applying.

Please direct **general questions** to SCF's Program Manager, Allison Fong, at afong@alaskacf.org. Please direct **eligibility and technical questions** about the online grant system to ACF's Affiliate Program Officer, Shawn Rivera, at srivera@alaskacf.org or 907-274-6708.

Organization Information

Name of Organization*

Latitude 60.1 Academic Pursuits

Organization's EIN*

NA

***Comment:** Resurrection Bay Conservation Alliance is serving as the fiscal sponsor for this proposed project.*

Organization Type*

Only qualified, tax-exempt 501(c)(3) organizations (or equivalents, such as Tribal entities, schools, and faith-based organizations) that support charitable organizations and programs in the **Seward/Moose Pass** area are eligible to

apply. Please review SCF's Mini-Grant Guidelines to determine your eligibility **before applying**. If you are unsure of your organization's eligibility, please contact ACF's Affiliate Program Officer, Shawn Rivera, at srivera@alaskacf.org or 907-274-6708.

Other

Organization's Location*

Is your organization located in the Seward/Moose Pass area? If not, will your project/program benefit this area?

Yes

Benefits to Area (optional)

If your organization is not located in the area but you believe your proposed project/program will benefit area residents, please explain how.

Mission Statement*

What is your organization's mission statement?

Seward has been my home since 1989. I retired from teaching in 2005, but soon realized that I was nowhere near ready to retire from the field of education. After 6.5 years as an Education Coordinator @ Spring Creek Correctional Center I began supporting new teachers in rural Alaska as an Alaska Statewide Teaching Mentor. Currently, I am working once again and Education Programs Coordinator for the Alaska Humanities Forum. This position provides me the opportunity to create cultural immersion experiences for new teachers to rural Alaska, connecting teachers with the people and culture of the region they will be calling home.

It is my growing passion and MISSION is to connect people and place not just professionally, but also in community-based programs. "Walk and Wonder: Connecting People & Place Through Literature & Nature" is a program which will connect community members and visitors with the Seward Area through literature and a memorable outdoor experience.

I have asked Resurrection Bay Conservation Alliance to serve as my fiscal sponsor for this mini-grant application.

Description of Organization (optional)

Please provide any additional information about your organization that you wish to share.

Resurrection Bay Conservation Alliance (RBCA) Vision Statement: The Resurrection Bay Conservation Alliance (RBCA) envisions a high quality of life for people and wildlife, exemplified by a healthy environment and preservation of terrestrial and marine wild areas and wilderness. We envision environmental sustainability achieved through conservation-minded business and development and a tradition of conservation stewardship on private lands by an informed and educated public. Our vision is of healthy oceans, land and air for ours and future generations.

Within RBCA's Strategic Plan goal #7 specifically aligns with the goal of this grant proposal: Environmental education is an essential avenue that allows community members of all ages to explore environmental issues, engage in problem solving, and to take action to help improve our local environment.

Previous Grant Award Details (if applicable/known)

Please list the project title and date of your most recent grant award, if applicable/known.

In the mid-2000's I was awarded a Y-South mini-grant to support students in sewing courses I was offering in the Seward area through my small business, 2nd Wind Designs.

Any outstanding follow ups for previous grant awards from ACF and its Affiliates must be submitted using the online grant system prior to the deadline for the current application to be considered.

Please contact ACF's Affiliate Program Officer, Shawn Rivera, at srivera@alaskacf.org or 907-274-6708 before continuing your application if you have not or are unsure if you have completed a grant report for a previous grant award.

Project/Program Information

Project/Program Name*

Walk and Wonder: Connecting People & Place Through Literature & Nature

Project/Program Start Date*

When will your proposed project/program begin?

02/26/2018

Project/Program End Date*

When will your proposed project/program end? **Please note that awarded grant projects must be completed within one year of receiving a grant.**

02/26/2018

Project/Program Description*

Please describe your proposed project/program, including a discussion of the community need and if you are planning to collaborate/partner with other community organizations or entities.

In 2016, while attending the National Endowment for the Humanities Conference in Utah, I participated in an activity coordinated by the Indiana Humanities on Antelope Island, at the Great Salt Lake. The day's hike was modeled on a program called "Next IN Campfires" (please see: <https://indianahumanities.org/programs/campfires>) which connects nature and literature in various locations around Indiana. Hardly a day goes by when I can't help to think of the amazing possibilities we have here in Seward for a similar program. The level of programing could vary greatly depending on the audience... students, community members, community groups, visitors, etc.

Imagine elementary students following a Walk and Wonder model program in their Schoolyard Habitat environment; gardeners following a Walk and Wonder program on the annual garden tour conducted by the Resurrection Bay Garden Club; a group of seniors walking the bike path and following a Walk and Wonder model based on local Alaska Native culture/history or Iditarod history; Walk and Wonder groups themed on Seward's murals. Residents and local tour-based businesses could follow the Walk and Wonder model with visiting family members, friends, and tour groups.

The program scheduled for the evening of Monday, February 26th is intended to bring together up to a total of 24 Seward Area residents. The invitation to this gathering will go to a diverse group representing the areas of business, education, retirees, the arts and environment, public lands, etc.

The goal for this initial gathering is for Seward Area residents to collaborate, grow enthusiasm, and to develop a resource foundation of people, places, literature resources, and natural areas applicable to the Walk and Wonder model.

Project/Program Goals*

Please describe the goals of your proposed project/program, including what outcomes you hope to achieve.

I am proposing that an initial gathering of invited community members who represent the groups mentioned in the previous paragraph come together for an evening guided by structured protocol activities to help vision the possibilities of a Walk and Wonder program model/toolkit for Seward. By the evening's end we will have collaborated and shared our knowledge of places to conduct this activity, audiences who would benefit, and literature to support the Walk and Wonder model.

Walk and Wonder is meant to be a community program model with a supporting toolkit for users. Once the model is developed it can be used by individuals, groups, and businesses. The model would provide guidelines on conducting a Walk and Wonder activity and recommend literature for each individual activity based on different places around Seward. One example might be: Elementary students connecting to the life cycle of plants through selected literature while interacting with the Schoolyard Habitat. Another example might be: Family visitors hiking to Tonsina while learning about Alaska Native culture and history and the local environment. Yet another example could be: Kenai Fjords National Park or a local tour group hiking around Exit Glacier and connecting to place through various nature writings. Imagine participants growing their own knowledge and deepening their connection and appreciation our amazing place through this program.

The initial gathering which I am seeking grant funding for is to start the conversation, collaborate, and to identify community members who would like to help develop this model and its supporting toolkit. Grant funding is to support the initial gathering which will include 20-24 participants, dinner, activity supplies, and rental fee for the place of gathering.

Once we have a working group identified, further plans for developing the Walk and Wonder model will move forward. The very final goal is to have an independently sustainable program that is available for anyone's use. What this looks like... time will tell.

Project/Program Benefits*

Please describe the benefits of your proposed project/program. What will improve on in the Seward/Moose Pass area as a result of this project/program? Who and how many individuals will benefit from this program/project?

The number of individuals who will benefit from the Walk and Wonder program will depend on the number of participating groups after the model and toolkit are developed and ready for use. Each classroom

of students will be 20+. The annual garden club tour averages 12-20 people. Bike path walkers and/or mural walkers would vary. Local tour operators would also determine their group sizes. If this program model becomes self-sustaining, then it can be used and modified for years to come.

Measuring Success*

Please describe the outcomes that will define if your project/program is successful, including how your organization plans to track and report on these outcomes. Please also describe how your proposed project/program will continue beyond the original grant term, if applicable.

As mentioned previously, this program model is meant to eventually become self-sustaining by creating a model and toolkit that can be used by both individuals and businesses wanting to conduct a Walk and Wonder program.

This first gathering will be considered a success if participants collaborate to envision the places and literature used for the program model. My hope is to also come away from this first gathering with a small core of individuals who are interested in working together to develop a Walk and Wonder model for the Seward area.

Tracking outcomes will include data on participants and information gathered; future plans for model development; when Walk and Wonder activities occur in the year following this first gathering.

Project/Program Budget

Total Project/Program Budget*

\$1,050.00

Amount Requested*

Please note that individual grant amounts will be awarded up to \$1,000.

\$1,050.00

Project/Program Budget Form*

Please download, complete, and upload the Project/Program Budget Form below. At the bottom of the form, please also list other sources of funding you are seeking and the status of those requests.

Project/Program Budget Form

In the box below, please describe the line items from the budget worksheet in detail.

1) Dinner will be catered by Judy Ohdner (Zudy's Cafe). Cost is estimated at \$24 per person. If 24 people participate in the gathering the cost will be approximately \$750 for dinner. 2) Resurrection Art Coffee House Gallery has an after hours rental fee of \$25 per hour. The gathering is planned for 4 hours; with an additional

2 hours for set-up and take-down the total hours will be six. The rental rate for Rez Art is \$150. 3) Each participant will receive a journal to participate in activities and keep notes for future reference to share with the project. Journals cost \$100. 4) Additional materials for the gathering activities are a sticky poster pad, sticky notes, and markers... estimate \$50.

Optional Documentation

Other Useful Information (optional)

Please provide any other useful information that could help the SCF Grants Committee evaluate your grant application. If desired, you can also upload letters of support and other documentation below.

Please refer to the attached documents to support this grant application. Thank you.

Walk and Wonder_26Feb18_Gathering.docx

SCF letter of support for Kirstie Jan18.pdf

SCF-Project-Budget-Form_KLWillean.xls

SCF MiniGrant Combined Expenses.docx

Electronic Signature

Authorized Signature*

By typing my name below, I certify that the information provided in this grant application is accurate and complete to the best of my knowledge, and that I am authorized to submit this application on behalf of my organization.

I authorize The Alaska Community Foundation to verify any information submitted as part of this application. I also agree to allow any information on this application (unless otherwise noted) to be released for publication.

Kirstie Lorelei Willean

Title*

Grant Applicant

Date*

01/17/2018

Please complete the grant application process by clicking the [Submit Application] button below.

File Attachment Summary

Applicant File Uploads

- Walk and Wonder_26Feb18_Gathering.docx
- SCF letter of support for Kirstie Jan18.pdf
- SCF-Project-Budget-Form_KLWillean.xls
- SCF MiniGrant Combined Expenses.docx

Walk and Wonder: Connecting People & Places Through Literature & Nature

Community Gathering ~ February 26, 2018 @ Rez Art

TIME:	ACTIVITY:	MATERIALS:
5:00 - 5:30pm	Meet/Greet; Introductions; Share Gathering Format	
	Journals Introduce Walk and Wonder Share Gathering Format & Goal for Evening	<ul style="list-style-type: none"> ✓ Journals ✓ Poster Pad ✓ Markers ✓ Pens/Pencils
5:30 – 6:30pm	String of Quotes Icebreaker: Literature & Nature	
	<u>Purpose:</u> To explore our personal relationships with nature writing and the role that nature plays in our lives.	<ul style="list-style-type: none"> ✓ Quotes by Nature Authors ✓ Twine ✓ Clothespins ✓ Journals ✓ Prompt Poster
6:30 – 7:15pm	Dinner: Prepared by Zudy's	
7:15 – 7:30pm	Introduce IN Campfires and the Humanities Lens	
	<u>Purpose:</u> To deepen participants understanding of the humanities and to share my story of learning about IN Campfires and wanting to bring Walk and Wonder home to Seward.	<ul style="list-style-type: none"> ✓ Journal ✓ Pens/Pencils
7:30 – 8:30pm	Appreciative Inquiry: Deepening our Connection of People & Place	
	<u>Purpose:</u> To collaboratively discover which places in the Seward Area may best lend themselves to Walk and Wonder outings, and to brainstorm which authors (Alaskan & related) may help convey connecting people to our place.	<ul style="list-style-type: none"> ✓ Appreciative Inquiry Poster ✓ Poster paper pad ✓ Markers ✓ Sticky Notes ✓ Wall Map of Seward Area
8:30 – 9:00pm	Closing Activity/Talking Rock: Where Do We Go From Here?	
	<u>Purpose:</u> This is an opportunity for individuals to share any final thoughts they have on the gathering, what we accomplished, and ideas for moving forward.	<ul style="list-style-type: none"> ✓ Talking Rock ✓ Poster Pad ✓ Markers ✓ Journals ✓ Pens/Pencils



*Resurrection Bay
Conservation
Alliance*

PO Box 1092
Seward, Alaska 99664
907 224 7094
rbca-alaska.org

Tax ID: 92-0167038

Resurrection Bay Conservation Alliance
PO Box 1092
Seward, AK 99664

Latitude 60.1 Academic Pursuits and 2nd
Wind Designs
PO Box 2303
Seward, AK 99664

January 17, 2018

Seward Community Foundation
PO Box 933
Seward, AK 99664

Dear Seward Community Foundation,

This letter certifies that Resurrection Bay Conservation Alliance (the "Sponsor") has agreed to be the fiscal sponsor for Latitude 60.1 Academic Pursuits and 2nd Wind Designs (the "Applicant") who submitted a grant application to the Seward Community Foundation, an Affiliate of The Alaska Community Foundation (the "Foundation"), for the "Walk and Wonder: Connecting People and Place Through Literature and Nature" project. By signing this letter, Sponsor agrees to the following:

- Sponsor will take responsibility for accepting and dispersing any grant funds that are awarded to Applicant by the Foundation in support of the aforementioned project.
- By accepting any grant funds on behalf of Applicant, Sponsor certifies that (1) no tangible benefit, goods, or services were provided to anyone connected with Sponsor, and (2) this grant will not be used to satisfy the payment of any pledge or other financial obligation on behalf of the donor(s) per Section 6115 of the IRS Code.
- By cashing any grant checks, Sponsor guarantees the grant funds received will be used solely for the purposes approved by the Foundation.
- Any use of grant funds for purposes other than those specified in the grant application and the terms and conditions of the grant award must have the prior approval of the Foundation.
- The Foundation reserves the right to require the return of grant funds if it deems that Sponsor or Applicant have not complied with the agreed use of funds, or any law or regulation affecting the grantee, grant, or the Foundation.

Sincerely,

Tim Johnson
RBCA President

Resurrect Art Coffee House Gallery Hourly Rental Information:

From: Micheley Kowalski <resurrect.art907@gmail.com>

Subject: Re: February 2018 Rez Art Use

Date: December 28, 2017 at 10:20:57 AM AKST

To: Kirstie Willean <kirstiellwillean@gmail.com>

Sounds great, Kirstie! I've got you down on the calendar. :)

On Dec 27, 2017, at 7:46 PM, Kirstie Willean <kirstiellwillean@gmail.com> wrote:

Hi Micheley,

The votes are in! May I reserve Rez Art for **Monday, February 26th, 5-9pm (plus set-up/take-down time)**?

Kirstie

On Wed, Dec 27, 2017 at 1:37 PM Micheley Kowalski <resurrect.art907@gmail.com> wrote:

Hi Kirstie!

Thanks for your kind words about the coffee house. It is cozy these days, isn't it? That beautiful masonry wood stove doesn't hurt. :)

Here are the dates that are available during your window: Feb 19, 23 (but I know you're not available) 26, March 2.

March 2 might be good - Fridays are always nice gathering nights.

Let me know what you think and I'll get you on the calendar! Also, **I charge \$25 an hour from set up to leaving the building.** I hope that'll work.

Talk with you soon, ~Micheley

On Fri, Dec 22, 2017 at 2:05 PM, Kirstie <kirstiellwillean@gmail.com> wrote:

Hi Micheley,

Wow, now that I'm finally home and not running all over rural Alaska I was able to enjoy some time in Rez Art earlier this week. I absolutely love what you've done with the space. It is even more inviting and comfortable! You truly have an eye/heart for creating the perfect gathering space.

I have a gathering I'm planning for towards the end of February. I'd like it to last no more than 4 hours (5-9pm); to include a catered dinner. A week night would be best; I know that Justine has several nights each week scheduled for her art classes. Is there an evening on the calendar, between February 19th - March 2nd (but not 2/23 cuz I'm already committed that night) available?

If we can find a date, what would the cost be?

Thanks for considering this request, Kirstie
Kirstie Lorelei Willean
Latitude 60.1 Academic Pursuits
& 2nd Wind Designs
Seward, Alaska
907-362-1229
kirstiellwillean@gmail.com

~ ~

Meal Catering Information for Zudy's Café:

From: Zudy's cafe <zudyscafe@gmail.com>
Subject: Re: Menu for February 26th
Date: January 2, 2018 at 5:26:26 PM AKST
To: Kirstie <kirstiellwillean@gmail.com>

Great. I can supply other ideas we just got here so I thru out favorites. Another goodie is Shepard's Pie Mac n cheese so yummy. Lots of good salad ideas too thank you judy

Sent from my iPad

On Jan 2, 2018, at 4:13 PM, Kirstie <kirstiellwillean@gmail.com> wrote:

Thanks so much, Judy. That gives me something solid to work with.

Enjoy every moment in Hawaii! Kirstie

Kirstie Lorelei Willean
Latitude 60.1 Academic Pursuits
& 2nd Wind Designs
Seward, Alaska
907-362-1229
kirstiellwillean@gmail.com

On Jan 2, 2018, at 5:02 PM, Judy Odhner <zudyscafe@gmail.com> wrote:
Mahalo. Greetings. Yes we would love to serve you. Dinner could be salads. Chicken lemon herb. Dessert or pork sliders. Salads. Cheese meat fruit platter. **Cost about \$24with dessert plus 7% tax 20%gratuity.** Thank you Judy

Sent from my iPhone

On Jan 2, 2018, at 9:52 AM, Kirstie <kirstiellwillean@gmail.com> wrote:

Good Morning Judy!

I'm excited that you'll be able to cater the gathering planned for February 26th! I'm wondering if you'd be able to give me a ballpark estimate of menu and cost sometime this week? I'm wanting to apply for an SCF mini-grant for this event and need to get that ball rolling.

Here's what I have so far:

- Monday, February 26th @ Rez Art
- Dinner @ 6:30pm
- 20-24 participants
- Meal: What do you think would work best for this venue? Easy to serve/eat? Should I plan to purchase plates/bowls/plasticware, etc.? Any details for planning expenses will be helpful.

When do you head for Hawaii? Jan told me, but I forget. Maybe you're already there soaking up the rays!

Kirstie

Kirstie Lorelei Willean
 Latitude 60.1 Academic Pursuits
 & 2nd Wind Designs
 Seward, Alaska
 907-362-1229
kirstiellwillean@gmail.com

~ ~ ~ ~ ~

Field Notes Journals:

@ <https://fieldnotesbrand.com/cart>

YOUR CART

! Important Notice:
All prices are in US\$

ITEM	QUANTITY	SUBTOTAL	REMOVE
 Original Kraft - FN-03 Plain Paper 3-Pack \$9.95	8	\$79.60	X

ORDER SUMMARY

Subtotal	\$79.60
Estimated Shipping	—
Estimated Tax	\$0.00
Total	\$79.60

PROCEED TO CHECKOUT

QUESTIONS?
(312) 243-1107

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Van Rental for Tournament Travel

2018 Seward Community Foundation Mini-Grant Program

Marathon Wrestling Club

Ms. Jewel A Williams
PO Box 2263
Seward, AK 99664

marathonwrestlingclub@gmail.com
O: 907-422-7130

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PO Box 2263
Seward, AK 99664

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Application Form

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Please review SCF's Mini-Grant Guidelines to determine your eligibility before applying.

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Organization Information

Name of Organization*

Marathon Wrestling Club

Organization's EIN*

461804803

Organization Type*

Only qualified, tax-exempt 501(c)(3) organizations (or equivalents, such as Tribal entities, schools, and faith-based organizations) that support charitable organizations and programs in the **Seward/Moose Pass** area are eligible to apply. Please review SCF's Mini-Grant Guidelines to determine your eligibility **before applying.** If you are unsure of your organization's eligibility, please contact ACF's Affiliate Program Officer, Shawn Rivera, at srivera@alaskacf.org or 907-274-6708.

501(c)(3)

Organization's Location*

Is your organization located in the Seward/Moose Pass area? If not, will your project/program benefit this area?

Yes

Benefits to Area (optional)

If your organization is not located in the area but you believe your proposed project/program will benefit area residents, please explain how.

Mission Statement*

What is your organization's mission statement?

Marathon Wrestling Club is a chapter of the National Organization, USA Wrestling, the mission statement is - USA Wrestling, guided by the Olympic Spirit, provides quality opportunities for its members to achieve their full human and athletic potential.

Description of Organization (optional)

Please provide any additional information about your organization that you wish to share.

Marathon Wrestling Club has grown from a small wrestling club with one coach, to now having 5 volunteer coaches as well as myself as manager. We are a sanctioned USA wrestling club operating in the Seward and Moose Pass area. Our first practice for the 2018 season was on Jan 8th and our season runs from January to the first week in May, with tournaments in March and April and the final State tournament the first weekend in May. We travel every weekend in March and April, except for our home tournament and we will not travel to Fairbanks this year.

Previous Grant Award Details (if applicable/known)

Please list the project title and date of your most recent grant award, if applicable/known.

Team Van Insurance - December 2013, Studded Tires for MWC van April 2014

Any outstanding follow ups for previous grant awards from ACF and its Affiliates must be submitted using the online grant system prior to the deadline for the current application to be considered.

Please contact ACF's Affiliate Program Officer, Shawn Rivera, at srivera@alaskacf.org or 907-274-6708 before continuing your application if you have not or are unsure if you have completed a grant report for a previous grant award.

Project/Program Information

Project/Program Name*

Van Rental for Tournament Travel

Project/Program Start Date*

When will your proposed project/program begin?

03/01/2018

Project/Program End Date*

When will your proposed project/program end? **Please note that awarded grant projects must be completed within one year of receiving a grant.**

03/31/2018

Project/Program Description*

Please describe your proposed project/program, including a discussion of the community need and if you are planning to collaborate/partner with other community organizations or entities.

Marathon Wrestling Club had a 1992 Ford Econoline, 12 passenger van that we were using to transport kids to and from tournaments, however, it has become unsafe for long distance travel. We are only able to use the van locally anymore and it has become a logistical challenge to transport everyone that doesn't have rides to tournaments each weekend. Last year when we had to stop using the van, the coaches were all taking their personal vehicles on the road each weekend and it became unmanageable, trying to get everyone to the same place at one time, back to hotels and meals ect. Our hope is to take all of the kids who don't have rides in one van along with the coaches, this is not only timesaving it is also a great team building environment.

Project/Program Goals*

Please describe the goals of your proposed project/program, including what outcomes you hope to achieve.

Our goal is to provide transportation to and from tournaments for those wrestlers that may not otherwise have the opportunity to travel. As we are not affiliated with the school system, we have to provide our own transportation on tournament weekends.

Project/Program Benefits*

Please describe the benefits of your proposed project/program. What will improve on in the Seward/Moose Pass area as a result of this project/program? Who and how many individuals will benefit from this program/project?

Seward and Moose Pass area youth will be able to attend tournaments regardless of their families ability to travel on their own.

Measuring Success*

Please describe the outcomes that will define if your project/program is successful, including how your organization plans to track and report on these outcomes. Please also describe how your proposed project/program will continue beyond the original grant term, if applicable.

Our team makes it to the 3 tournaments listed above, safely and on time. Those youth who's family cannot or will not travel to other cities in the state for their child to wrestle, will still be able to participate in the sport that they love.

Project/Program Budget

Total Project/Program Budget*

\$736.50

Amount Requested*

Please note that individual grant amounts will be awarded up to \$1,000.

\$594.00

Project/Program Budget Form*

Please download, complete, and upload the Project/Program Budget Form below. At the bottom of the form, please also list other sources of funding you are seeking and the status of those requests.

Project/Program Budget Form

In the box below, please describe the line items from the budget worksheet in detail.

SCF-Project-Budget-Form.xls

There are 3 wrestling tournaments that we will be attending in March, the first is in Soldotna, the 2nd is in Palmer and the 3rd is in Anchorage. The van comes with 200 free miles for a 2 day rental, I have estimated the mileage above 200 for each trip and the club will pay for the that mileage out of funds that we raised this past fall through our taco feed and auction.

Optional Documentation

Other Useful Information (optional)

Please provide any other useful information that could help the SCF Grants Committee evaluate your grant application. If desired, you can also upload letters of support and other documentation below.

I have attached a copy of the tournament schedule for the 2018 season as well as a copy of our club charter from USA wrestling.

2018_AUSAW_Tournament_Schedule_revised_12-28-17.pdf

Marathon Wrestling Club Charter.pdf

Electronic Signature

Authorized Signature*

By typing my name below, I certify that the information provided in this grant application is accurate and complete to the best of my knowledge, and that I am authorized to submit this application on behalf of my organization.

I authorize The Alaska Community Foundation to verify any information submitted as part of this application. I also agree to allow any information on this application (unless otherwise noted) to be released for publication.

Jewel Williams

Title*

Manager

Date*

01/15/2018

Please complete the grant application process by clicking the [Submit Application] button below.

File Attachment Summary

Applicant File Uploads

- SCF-Project-Budget-Form.xls
- 2018_AUSAW_Tournament_Schedule_revised_12-28-17.pdf
- Marathon Wrestling Club Charter.pdf

Day	Date	Host Team	Location	Style
Friday	3/2/18	Marathon WC	AK Railroad	Greco
Saturday	3/3/18	Marathon WC	AK Railroad	Girls/Freestyle

Saturday	3/10/18	Avalanche WA	AK Air/Sullivan/	Folkstyle-Middle
Friday	3/9/18	Soldotna WC	Skyview MS	Greco
Saturday	3/10/18	Soldotna WC	Skyview MS	Girls/Freestyle

Friday	3/16/18			
Saturday	3/17/18	Interior Youth WC	Fairbanks	Girls/Freestyle

Friday	3/23/18	Mat-su Matmen	Palmer Middle	Greco
Saturday	3/24/18	Mat-su Matmen	Palmer Middle	Girls/Freestyle

Saturday	3/31/18	Anchorage Freestyle	Dimond High	Girls/Freestyle
Friday	4/6/18	Tri-Valley WC	Colony HS	Greco
Saturday	4/7/18	Tri-Valley WC	Colony HS	Girls/Freestyle

Friday	4/13/18	Arctic Warriors WC	Wasilla Middle	Greco
Saturday	4/14/18	Arctic Warriors WC	Wasilla Middle	Free/Folk/Girls
Saturday	4/21/18	Nikiski FWC	Nikiski Jr/Sr H.S	Girls/Freestyle
Saturday	4/21/18	Alaska Battle Cats	Service HS	Girls/Freestyle or Girls/Folkstyle

Saturday	4/28/18	Avalanche WA	South Anc High S	Girls/Freestyle
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Thursday	5/3/18	AUSAW-Wasilla Sports Complex		Folkstyle
Friday	5/4/18	AUSAW-Wasilla Sports Complex-Greco/Girls/Freestyle		
Saturday	5/5/18	AUSAW-Wasilla Sports Complex		Freestyle



USA
WRESTLING

IS PROUD TO RECOGNIZE

Marathon Wrestling Club

AS A USA WRESTLING CHARTERED CLUB FOR THE

2017-2018 MEMBERSHIP YEAR



Van rental for tournament travel in April 2018

2018 Seward Community Foundation Mini-Grant Program

Marathon Wrestling Club

Ms. Jewel A Williams
PO Box 2263
Seward, AK 99664

marathonwrestlingclub@gmail.com
O: 907-422-7130

Ms. Jewel A Williams

PO Box 2263
Seward, AK 99664

marathonwrestlingclub@gmail.com
O: 907-422-7130

Application Form

Instructions

The Seward Community Foundation (SCF), an Affiliate of The Alaska Community Foundation (ACF), seeks applications from qualified, tax exempt 501(c)(3) organizations (or equivalents, such as Tribal entities, schools, and faith-based organizations) that support charitable organizations and programs in the **Seward/Moose Pass** area. Mini-grants of up to \$1,000 are intended to be a flexible funding opportunity that may support a broad range of community needs throughout the year, including but not limited to health and wellness, education, the great outdoors, arts and culture, and community development.

Grant projects must be completed within one year of award and are subject to the grantee completing an online grant agreement signifying acceptance of the terms and conditions of the grant. A final grant report and any other outstanding follow ups must also be submitted online before the grantee will be eligible for future grant opportunities from SCF. Due dates and the forms to submit for these follow ups can be found by logging into the online grant system.

Grant applications must be submitted online. The Seward Community Foundation's Advisory Board reviews mini-grant applications at their monthly meeting and the **deadline to submit an application for consideration is the first Wednesday of each month.** Any overdue grant reports or other follow ups for previous grant awards from ACF and its Affiliates must also be submitted using the online grant system prior to the deadline for the current application to be considered.

Please review SCF's Mini-Grant Guidelines to determine your eligibility before applying.

Please direct **general questions** to SCF's Program Manager, Allison Fong, at afong@alaskacf.org. Please direct **eligibility and technical questions** about the online grant system to ACF's Affiliate Program Officer, Shawn Rivera, at srivera@alaskacf.org or 907-274-6708.

Organization Information

Name of Organization*

Marathon Wrestling Club

Organization's EIN*

46-1804803

Organization Type*

Only qualified, tax-exempt 501(c)(3) organizations (or equivalents, such as Tribal entities, schools, and faith-based organizations) that support charitable organizations and programs in the **Seward/Moose Pass** area are eligible to apply. Please review SCF's Mini-Grant Guidelines to determine your eligibility **before applying.** If you are unsure of your organization's eligibility, please contact ACF's Affiliate Program Officer, Shawn Rivera, at srivera@alaskacf.org or 907-274-6708.

501(c)(3)

Organization's Location*

Is your organization located in the Seward/Moose Pass area? If not, will your project/program benefit this area?

Yes

Benefits to Area (optional)

If your organization is not located in the area but you believe your proposed project/program will benefit area residents, please explain how.

Mission Statement*

What is your organization's mission statement?

Marathon Wrestling Club is a chapter of the National Organization, USA Wrestling, the mission statement is - USA Wrestling, guided by the Olympic Spirit, provides quality opportunities for its members to achieve their full human and athletic potential.

Description of Organization (optional)

Please provide any additional information about your organization that you wish to share.

Marathon Wrestling Club has grown from a small wrestling club with one coach, to now having 5 volunteer coaches as well as myself as manager. We are a sanctioned USA Wrestling Club operating in the Seward and Moose Pass area, one of our coaches, Eric Higbee grew up in Moose Pass and who still lives there today, wrestled throughout his school years. Our season runs from January until the first week in May, with tournaments in March and April and the final state tournament the first weekend in May. We travel every weekend in April: April 6 & 7 - Palmer, April 13 & 14 - Wasilla, April 20 & 21 Nikisiki and April 27 & 28 Anchorage.

Previous Grant Award Details (if applicable/known)

Please list the project title and date of your most recent grant award, if applicable/known.

Team Van Insurance - Dec 2013, Studded Tires for MWC Van April 2014

Any outstanding follow ups for previous grant awards from ACF and its Affiliates must be submitted using the online grant system prior to the deadline for the current application to be considered.

Please contact ACF's Affiliate Program Officer, Shawn Rivera, at srivera@alaskacf.org or 907-274-6708 before continuing your application if you have not or are unsure if you have completed a grant report for a previous grant award.

Project/Program Information

Project/Program Name*

Van rental for tournament travel in April 2018

Project/Program Start Date*

When will your proposed project/program begin?

04/01/2018

Project/Program End Date*

When will your proposed project/program end? **Please note that awarded grant projects must be completed within one year of receiving a grant.**

04/30/2018

Project/Program Description*

Please describe your proposed project/program, including a discussion of the community need and if you are planning to collaborate/partner with other community organizations or entities.

Marathon Wrestling Club had a 1992 Ford Econoline, 12 passenger van that we were using to transport kids to and from tournaments, however, it has become unsafe for long distance travel. We are only able to use the van locally and it has become a logistical challenge to transport everyone that doesn't have rides to tournaments each weekend. Last year when we had to stop using the van, the coaches were all taking their personal vehicles on the road each weekend and it became unmanageable, trying to get everyone to the same place at one time, back to hotels and meals ect. Our hope is to take all of the kids who don't have rides in one van along with the coaches, this is not only timesaving it is also a great team building environment.

Project/Program Goals*

Please describe the goals of your proposed project/program, including what outcomes you hope to achieve.

Our goal is to provide transportation to and from tournaments for those wrestlers that may not otherwise have the opportunity to travel. As we are not affiliated with the school system, we have to provide our own transportation on tournament weekends.

Project/Program Benefits*

Please describe the benefits of your proposed project/program. What will improve on in the Seward/Moose Pass area as a result of this project/program? Who and how many individuals will benefit from this program/project?

Seward and Moose Pass area youth will be able to attend tournaments regardless of their families ability to travel on their own.

Measuring Success*

Please describe the outcomes that will define if your project/program is successful, including how your organization plans to track and report on these outcomes. Please also describe how your proposed project/program will continue beyond the original grant term, if applicable.

Our team makes it to the 4 tournaments listed above, safely and on time. Those youth who's family cannot or will not travel to other cities in the state for their child to wrestle, will still be able to participate in the sport that they love.

Project/Program Budget

Total Project/Program Budget*

\$1,023.00

Amount Requested*

Please note that individual grant amounts will be awarded up to \$1,000.

\$792.00

Project/Program Budget Form*

Please download, complete, and upload the Project/Program Budget Form below. At the bottom of the form, please also list other sources of funding you are seeking and the status of those requests.

Project/Program Budget Form

In the box below, please describe the line items from the budget worksheet in detail.

SCF-Project-Budget-Form April.xls

There are 4 wrestling tournaments that we will be attending in April, April 6 & 7 - Palmer, April 13 & 14 - Wasilla, April 20 & 21 Nikisiki and April 27 & 28 Anchorage. The rental van comes with 200 free miles for a 2 day rental, I have estimated the mileage above 200 for each trip and the club will pay for the mileage out of funds that we raised this past fall through our taco feed and auction.

Optional Documentation

Other Useful Information (optional)

Please provide any other useful information that could help the SCF Grants Committee evaluate your grant application. If desired, you can also upload letters of support and other documentation below.

I was unsure if I should apply for this grant as I don't even know if the first one we applied for will be approved or not, I appreciate you taking the time to review this application and am hopeful that we will be awarded this grant.

Electronic Signature

Authorized Signature*

By typing my name below, I certify that the information provided in this grant application is accurate and complete to the best of my knowledge, and that I am authorized to submit this application on behalf of my organization.

I authorize The Alaska Community Foundation to verify any information submitted as part of this application. I also agree to allow any information on this application (unless otherwise noted) to be released for publication.

Jewel A Williams

Title*

Manager

Date*

02/06/2018

Please complete the grant application process by clicking the [Submit Application] button below.

File Attachment Summary

Applicant File Uploads

- SCF-Project-Budget-Form April.xls

Seward Alaska Social Runners

2018 Seward Community Foundation Mini-Grant Program

Seward Alaska Social Runners

Ms Kelley Wiley Lane
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M: 206.954.3381

Ms Kelley Wiley Lane

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M: 206.954.3381

Application Form

Instructions

The Seward Community Foundation (SCF), an Affiliate of The Alaska Community Foundation (ACF), seeks applications from qualified, tax exempt 501(c)(3) organizations (or equivalents, such as Tribal entities, schools, and faith-based organizations) that support charitable organizations and programs in the **Seward/Moose Pass** area. Mini-grants of up to \$1,000 are intended to be a flexible funding opportunity that may support a broad range of community needs throughout the year, including but not limited to health and wellness, education, the great outdoors, arts and culture, and community development.

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Please review SCF's Mini-Grant Guidelines to determine your eligibility before applying.

Please direct **general questions** to SCF's Program Manager, Allison Fong, at afong@alaskacf.org. Please direct **eligibility and technical questions** about the online grant system to ACF's Affiliate Program Officer, Shawn Rivera, at srivera@alaskacf.org or 907-274-6708.

Organization Information

Name of Organization*

Seward Alaska Social Runners (Fiscal Sponsorship by Seward Prevention Coalition)

Organization's EIN*

47-5624328

Organization Type*

Only qualified, tax-exempt 501(c)(3) organizations (or equivalents, such as Tribal entities, schools, and faith-based organizations) that support charitable organizations and programs in the **Seward/Moose Pass** area are eligible to apply. Please review SCF's Mini-Grant Guidelines to determine your eligibility **before applying.** If you are unsure of your organization's eligibility, please contact ACF's Affiliate Program Officer, Shawn Rivera, at srivera@alaskacf.org or 907-274-6708.

501(c)(3)

Organization's Location*

Is your organization located in the Seward/Moose Pass area? If not, will your project/program benefit this area?

Yes

Benefits to Area (optional)

If your organization is not located in the area but you believe your proposed project/program will benefit area residents, please explain how.

Mission Statement*

What is your organization's mission statement?

Providing outdoor socially based recreation using the sidewalks, trails and roads in and around Seward, Alaska.

Description of Organization (optional)

Please provide any additional information about your organization that you wish to share.

Seward Alaska Social Runners is a twice-weekly social running group based in Seward since October of 2016. We meet on Sunday mornings at Resurrect Art Coffee House. On Wednesdays we start and end at the AVTEC Gym. I'm seeking funding for purchasing coffee cards at Rez Art to encourage participation in this year-round, heart and soul healthy activity. This past summer, we received funding through the Seward Prevention Coalition to purchase \$240 in coffee cards. That money lasted us through now. We are slowly building our base of adult runners and as we do so, we hope to have more youth runners join us. I volunteer with the Sources of Strength Program, which allows me a place to invite youth. Leading into summer track season, I hope to recruit more youth to run with us. The free coffee and snacks at the end of the runs is a big incentive to both the adults and the youth. This is one of the least costly programs that supports emotional, social and physical health in our small town. The accountability for the money is simple because the coffee cards can be purchased by our funder. After every run, we post pictures and route information on our Facebook group, which extends our reach and impact beyond those who attend.

This spring we plan to organize and host two 5k races along Seward's waterfront. Funding of these 5ks would provide hot and cold drinks at the end of the race, as well as heart healthy snacks to facilitate social time. The race dates will be timed to lead into Seward's racing season, and targeted to Seward locals, with no entry fee charged.

Previous Grant Award Details (if applicable/known)

Please list the project title and date of your most recent grant award, if applicable/known.

Seward Prevention Coalition previously sponsored us for the fall and winter months, for a total of \$240 in Resurrect Art Coffee House coffee cards.

Any outstanding follow ups for previous grant awards from ACF and its Affiliates must be submitted using the online grant system prior to the deadline for the current application to be considered.

Please contact ACF's Affiliate Program Officer, Shawn Rivera, at srivera@alaskacf.org or 907-274-6708 before continuing your application if you have not or are unsure if you have completed a grant report for a previous grant award.

Project/Program Information

Project/Program Name*

Seward Alaska Social Runners

Project/Program Start Date*

When will your proposed project/program begin?

03/07/2018

Project/Program End Date*

When will your proposed project/program end? **Please note that awarded grant projects must be completed within one year of receiving a grant.**

12/30/2018

Project/Program Description*

Please describe your proposed project/program, including a discussion of the community need and if you are planning to collaborate/partner with other community organizations or entities.

We host twice weekly runs on Wednesdays and Sundays. We requesting funding for coffee cards at Resurrect Art Coffee Shop to encourage participation in the run and social time following the runs. We anticipate \$20 for each Sunday. Wednesdays are shorter, after work runs, and don't include any costs. We use the entryway of AVTEC gym as our start and end point. I am requesting 24 weeks of \$20 for each week, for a total of \$480 in coffee cards. Additionally, I am requesting \$200 for hosting two different 5k runs along Seward's waterfront. The money will be spent in \$100 increments for each race, for post-race hot and cold drinks as well as fruit and other heart healthy snacks to encourage socialization following the race.

Project/Program Goals*

Please describe the goals of your proposed project/program, including what outcomes you hope to achieve.

We hope to provide a group for locals and those new to town to come out and run around Seward as a group. The activity of social running lends itself well to developing resiliency among both adults and youth. We hope to bond our community together through the act of physical exercise. In addition, our presence on the streets and trails of Seward provides greater safety and security for others who use the streets, simply by providing awareness to pedestrian use of our town. Our 5ks will be a way to jumpstart the running season and allow people an opportunity to participate in a no-cost race event.

Project/Program Benefits*

Please describe the benefits of your proposed project/program. What will improve on in the Seward/Moose Pass area as a result of this project/program? Who and how many individuals will benefit from this program/project?

Our impact is on both the runners who join us on any given Wednesday or Sunday, as well as on promoting a healthy atmosphere around Seward. Our run routes are referenced and used by runners who live in Seward as well as those who visit town. Each run is custom built to include views of our local public artwork and the natural world. At present, we have a solid group of ten runners who come out on a regular basis. In addition, we have another 20-30 Sewardites who follow our group on facebook, and benefit from knowing our routes and ability to run year round. We have thus far had three different high school students come out to run with us. I hope to continue to grow that number, through inviting Sources of Strength peer mentors at the middle and high school. The impact of us creating and publicizing routes to the wider community is unknown. The longer we do our runs on a regular basis, the better known we get around town, and the more people who join us. The benefit of having a low-key, low-stakes running group that operates year round using the streets, sidewalks and trails is huge. We provide a low-cost recreation and social opportunity to anyone who wishes to join us.

Measuring Success*

Please describe the outcomes that will define if your project/program is successful, including how your organization plans to track and report on these outcomes. Please also describe how your proposed project/program will continue beyond the original grant term, if applicable.

We will know that we are successful when we regularly post our run routes and photos on Facebook, when we host runs on a regular basis, and when we have regular attendees. We will consider our 5ks successful when we are able to create, publicize and implement two different races, in the months March-May.

Project/Program Budget

Total Project/Program Budget*

\$680.00

Amount Requested*

Please note that individual grant amounts will be awarded up to \$1,000.

\$680.00

Project/Program Budget Form*

Please download, complete, and upload the Project/Program Budget Form below. At the bottom of the form, please also list other sources of funding you are seeking and the status of those requests.

Project/Program Budget Form

In the box below, please describe the line items from the budget worksheet in detail.

\$20 for each Sunday run x 24 weeks = \$480
\$100 for each 5k x 2 = \$200
Total = \$680

Optional Documentation

Other Useful Information (optional)

Please provide any other useful information that could help the SCF Grants Committee evaluate your grant application. If desired, you can also upload letters of support and other documentation below.

We are grateful to be part of the kind and uplifting community of Seward, Alaska. We feel fortunate to call Seward home and we look forward to many more runs with members of the community. Thank you for considering us for a mini grant.

Electronic Signature

Authorized Signature*

By typing my name below, I certify that the information provided in this grant application is accurate and complete to the best of my knowledge, and that I am authorized to submit this application on behalf of my organization.

I authorize The Alaska Community Foundation to verify any information submitted as part of this application. I also agree to allow any information on this application (unless otherwise noted) to be released for publication.

KWLane

Title*

Runner Organizer

Date*

02/04/2018

Please complete the grant application process by clicking the [Submit Application] button below.

File Attachment Summary

Applicant File Uploads

No files were uploaded

Seward Arts Council Membership Drive

2018 Seward Community Foundation Mini-Grant Program

Seward Arts Council

Ms. Justine Pechuzal
PO Box 794
Seward, Alaska 99664

sewardartscouncil@gmail.com
O: 907-491-0105

Ms. Justine Pechuzal

PO Box 794
Seward, AK 99664-0794

sewardartscouncil@gmail.com
O: 907-521-0311

Application Form

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Please review SCF's Mini-Grant Guidelines to determine your eligibility before applying.

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Organization Information

Name of Organization*

Seward Arts Council

Organization's EIN*

21473D

Organization Type*

Only qualified, tax-exempt 501(c)(3) organizations (or equivalents, such as Tribal entities, schools, and faith-based organizations) that support charitable organizations and programs in the **Seward/Moose Pass** area are eligible to apply. Please review SCF's Mini-Grant Guidelines to determine your eligibility **before applying.** If you are unsure of your organization's eligibility, please contact ACF's Affiliate Program Officer, Shawn Rivera, at srivera@alaskacf.org or 907-274-6708.

501(c)(3)

Organization's Location*

Is your organization located in the Seward/Moose Pass area? If not, will your project/program benefit this area?

Yes

Benefits to Area (optional)

If your organization is not located in the area but you believe your proposed project/program will benefit area residents, please explain how.

Mission Statement*

What is your organization's mission statement?

THE MISSION OF SEWARD ARTS COUNCIL IS TO FOSTER THE APPRECIATION, EDUCATION, AND UNDERSTANDING OF THE ARTS BY PROMOTING CULTURAL OPPORTUNITIES, PERFORMANCES, INSTRUCTION AND EXHIBITIONS.

Description of Organization (optional)

Please provide any additional information about your organization that you wish to share.

The Seward Arts Council is the umbrella for several arts organizations in Seward, including the Seward Mural Society, Port City Players, The Seward Film Series, The Seward Community Band, and the Seward Music and Arts Festival. Each group does their respective work independently, but are able to economize under SAC by consolidating on insurance, bookkeeping, and other such overhead. In addition, we feel it strengthens arts in our community as a whole to be coordinated and organized as a larger entity. Though we apply for mini-grants as the Arts Council, each branch organization that requests funding assistance is fulfilling work specific to their group.

Previous Grant Award Details (if applicable/known)

Please list the project title and date of your most recent grant award, if applicable/known.

The Skip and Marie Fletcher Film Series, December 2017.

Any outstanding follow ups for previous grant awards from ACF and its Affiliates must be submitted using the online grant system prior to the deadline for the current application to be considered.

Please contact ACF's Affiliate Program Officer, Shawn Rivera, at srivera@alaskacf.org or 907-274-6708 before continuing your application if you have not or are unsure if you have completed a grant report for a previous grant award.

Project/Program Information

Project/Program Name*

Seward Arts Council Membership Drive

Project/Program Start Date*

When will your proposed project/program begin?

03/03/2018

Project/Program End Date*

When will your proposed project/program end? **Please note that awarded grant projects must be completed within one year of receiving a grant.**

03/03/2018

Project/Program Description*

Please describe your proposed project/program, including a discussion of the community need and if you are planning to collaborate/partner with other community organizations or entities.

Every year, the Seward Arts Council hosts a membership drive as a fundraiser and all-inclusive community arts event. Funds from the event help towards general SAC overhead costs, such as insurance, bookkeeping, agency licensing, storage rental fees, etc. and fund our annual Youth Arts Scholarships. For this year's drive, the council wanted to bring the Super Saturated Sugar Strings band down to Seward for a performance. This popular band has been one of the biggest crowd favorites at past Seward Music and Art Festivals, but for various reasons has not performed with this event for the past two years. We thought they would be appreciated by a broad, family friendly audience. Though we will be earning money from concert ticket sales, we have estimated that this revenue will not cover the fee of this well-established, six piece band. We hope to get financial assistance for the concert to help ameliorate this difference. This event is a large volunteer effort, including donations from members for food, lodging & raffle sale items. SAC is asking the SCF for assistance to bring this special band to town.

Project/Program Goals*

Please describe the goals of your proposed project/program, including what outcomes you hope to achieve.

The goal of the proposed program is to host an event that reaches a wide arts audience, brings the arts community together, and helps raise money through ticket, food, beverage and raffle sales to assist with annual SAC overhead costs & arts scholarships

Project/Program Benefits*

Please describe the benefits of your proposed project/program. What will improve on in the Seward/Moose Pass area as a result of this project/program? Who and how many individuals will benefit from this program/project?

The Seward Arts Council is the main, all-volunteer, arts organization serving Seward and Moose Pass. Our town's murals, plays, First Friday Art Walks, Winter Film Series, and Music & Arts Festival are all organized

beneath this entity. Though the event venue for the membership drive concert can specifically seat 120 people, the effects of the money raised from this event reach our entire community through the general works of SAC and all the branch groups. For example, SMAF attendance for 2017 was estimated between 3,000-5,000 people!

Measuring Success*

Please describe the outcomes that will define if your project/program is successful, including how your organization plans to track and report on these outcomes. Please also describe how your proposed project/program will continue beyond the original grant term, if applicable.

We hope to raise \$2,000 from this event, as well as sell out event tickets (120) thus maximizing event participation. We will be counting ticket sales to track event participation. We will also create an event spreadsheet of expenses and income to monitor fundraising effectiveness. Funds raised from the event will be used to assist with SAC overhead costs throughout the remaining year, as well as youth scholarships awarded in May, 2018.

Project/Program Budget

Total Project/Program Budget*

\$3,150.00

Amount Requested*

Please note that individual grant amounts will be awarded up to \$1,000.

\$1,000.00

Project/Program Budget Form*

Please download, complete, and upload the Project/Program Budget Form below. At the bottom of the form, please also list other sources of funding you are seeking and the status of those requests.

Project/Program Budget Form

In the box below, please describe the line items from the budget worksheet in detail.

SCF-Project-Budget-SACMembership Concert.xls

Band fee: The Sugar Strings Band is a six member group providing their own transportation from Anchorage. They will be playing two sets of music for a total of 2 hours performance. The band fee includes a professional sound engineer who will be providing all sound equipment for the event. Venue fee: Covers seven hour rental of the Rae Building for the event.

Optional Documentation

Other Useful Information (optional)

Please provide any other useful information that could help the SCF Grants Committee evaluate your grant application. If desired, you can also upload letters of support and other documentation below.

Thank you for your support!

Justine

Justine

PO Box 794

Electronic Signature

Authorized Signature*

By typing my name below, I certify that the information provided in this grant application is accurate and complete to the best of my knowledge, and that I am authorized to submit this application on behalf of my organization.

I authorize The Alaska Community Foundation to verify any information submitted as part of this application. I also agree to allow any information on this application (unless otherwise noted) to be released for publication.

Justine Pechuzal

Title*

Seward Arts Council President

Date*

02/06/2018

Please complete the grant application process by clicking the [Submit Application] button below.

File Attachment Summary

Applicant File Uploads

- SCF-Project-Budget-SACMembership Concert.xls
- Justine
- Justine
- PO Box 794

Purchase sheet music for community band

2018 Seward Community Foundation Mini-Grant Program

Seward Arts Council

Ms. Jennifer Headtke
PO Box 794
Seward, Alaska 99664

sewardartscouncil@gmail.com
O: 907-491-0105
M: 907-224-2228

Ms. Jennifer Headtke

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Seward, AK 99664-0794

sewardartscouncil@gmail.com
O: 907-947-5175
M: 907-224-2228

Application Form

Instructions

The Seward Community Foundation (SCF), an Affiliate of The Alaska Community Foundation (ACF), seeks applications from qualified, tax exempt 501(c)(3) organizations (or equivalents, such as Tribal entities, schools, and faith-based organizations) that support charitable organizations and programs in the **Seward/Moose Pass** area. Mini-grants of up to \$1,000 are intended to be a flexible funding opportunity that may support a broad range of community needs throughout the year, including but not limited to health and wellness, education, the great outdoors, arts and culture, and community development.

Grant projects must be completed within one year of award and are subject to the grantee completing an online grant agreement signifying acceptance of the terms and conditions of the grant. A final grant report and any other outstanding follow ups must also be submitted online before the grantee will be eligible for future grant opportunities from SCF. Due dates and the forms to submit for these follow ups can be found by logging into the online grant system.

Grant applications must be submitted online. The Seward Community Foundation's Advisory Board reviews mini-grant applications at their monthly meeting and the **deadline to submit an application for consideration is the first Wednesday of each month.** Any overdue grant reports or other follow ups for previous grant awards from ACF and its Affiliates must also be submitted using the online grant system prior to the deadline for the current application to be considered.

Please review SCF's Mini-Grant Guidelines to determine your eligibility before applying.

Please direct **general questions** to SCF's Program Manager, Allison Fong, at afong@alaskacf.org. Please direct **eligibility and technical questions** about the online grant system to ACF's Affiliate Program Officer, Shawn Rivera, at srivera@alaskacf.org or 907-274-6708.

Organization Information

Name of Organization*

Seward Arts Council/Seward Music Association/Seward Community Band

Organization's EIN*

92-0076287

Organization Type*

Only qualified, tax-exempt 501(c)(3) organizations (or equivalents, such as Tribal entities, schools, and faith-based organizations) that support charitable organizations and programs in the **Seward/Moose Pass** area are eligible to apply. Please review SCF's Mini-Grant Guidelines to determine your eligibility **before applying.** If you are unsure of your organization's eligibility, please contact ACF's Affiliate Program Officer, Shawn Rivera, at srivera@alaskacf.org or 907-274-6708.

501(c)(3)

Organization's Location*

Is your organization located in the Seward/Moose Pass area? If not, will your project/program benefit this area?

Yes

Benefits to Area (optional)

If your organization is not located in the area but you believe your proposed project/program will benefit area residents, please explain how.

[Unanswered]

Mission Statement*

What is your organization's mission statement?

Improve the music education and enhance the culture of our town

Description of Organization (optional)

Please provide any additional information about your organization that you wish to share.

The Seward Community Band performs 2 concerts/annually. One at Christmas and one in the spring - we do not charge admission to any of our concerts. We have performed twice in the past few years with out-of-town bands; once with the Anchorage Community Concert Band; and last year, 2017, we performed with the Band of the North from Minnesota. The concerts were great fun and learning experiences.

Previous Grant Award Details (if applicable/known)

Please list the project title and date of your most recent grant award, if applicable/known.

The SAC is comprised of several organizations; some have received grants, however, we have not.

Any outstanding follow ups for previous grant awards from ACF and its Affiliates must be submitted using the online grant system prior to the deadline for the current application to be considered.

Please contact ACF's Affiliate Program Officer, Shawn Rivera, at srivera@alaskacf.org or 907-274-6708 before continuing your application if you have not or are unsure if you have completed a grant report for a previous grant award.

Project/Program Information

Project/Program Name*

Purchase sheet music for community band

Project/Program Start Date*

When will your proposed project/program begin?

02/15/2018

Project/Program End Date*

When will your proposed project/program end? **Please note that awarded grant projects must be completed within one year of receiving a grant.**

10/28/2018

Project/Program Description*

Please describe your proposed project/program, including a discussion of the community need and if you are planning to collaborate/partner with other community organizations or entities.

Our local community band is in need of new music. There are 18+ members in the band who all require music, and we are in need of the conductors scores. The cost of each piece is from \$50 to \$300. The band is currently rehearsing music but will be in need of new music once we perform our concert in April

Project/Program Goals*

Please describe the goals of your proposed project/program, including what outcomes you hope to achieve.

Obtain new music for the band which we will perform in a local concert. We like to interest the community in music, and show how music can be something you have your whole life.

Project/Program Benefits*

Please describe the benefits of your proposed project/program. What will improve on in the Seward/Moose Pass area as a result of this project/program? Who and how many individuals will benefit from this program/project?

We welcome any musician who wish to play music to join the band. There are currently 18 members of the band and we are always looking for more. We perform music for the community at a minimum twice a year - Christmas and spring. Music is good for everyone.

Measuring Success*

Please describe the outcomes that will define if your project/program is successful, including how your organization plans to track and report on these outcomes. Please also describe how your proposed project/program will continue beyond the original grant term, if applicable.

The cost of music for the community band is extremely high. In order to play new music for our annual concerts, we need to purchase new pieces. The success, I guess, is based on the attendance to our concerts. We've been performing our concerts at the IMS building in Seward which will hold 100 people. We do a pretty good job of filling the seats.

Project/Program Budget

Total Project/Program Budget*

\$1,095.00

Amount Requested*

Please note that individual grant amounts will be awarded up to \$1,000.

\$1,000.00

Project/Program Budget Form*

Please download, complete, and upload the Project/Program Budget Form below. At the bottom of the form, please also list other sources of funding you are seeking and the status of those requests.

Project/Program Budget Form

In the box below, please describe the line items from the budget worksheet in detail.

SCF-Project-Budget-Form.xls

Beauty & The Beast Overture \$239.20, Highlights from La La Land \$66.50, At the Movies \$73.15, Jazz Suite No 2-Waltz No 2 \$113.05, America the Beautiful \$125.00, The Lion Sleeps Tonight \$50.00, Imaginarium \$100.00, American Riversongs \$85.00, Star Wars: The Last Jedi \$75.00, Rogue One: A Star Wars Story \$66.50, Eye of the Tiger \$52.25, Shipping Costs: Est \$50.00 Please note, the pieces are what is currently available for purchase but they may change once I can place an order for music.

Optional Documentation

Other Useful Information (optional)

Please provide any other useful information that could help the SCF Grants Committee evaluate your grant application. If desired, you can also upload letters of support and other documentation below.

Our band members are also members of SAC

Electronic Signature

Authorized Signature*

By typing my name below, I certify that the information provided in this grant application is accurate and complete to the best of my knowledge, and that I am authorized to submit this application on behalf of my organization.

I authorize The Alaska Community Foundation to verify any information submitted as part of this application. I also agree to allow any information on this application (unless otherwise noted) to be released for publication.

Kim Kowalski-Rogers

Title*

Community Band Organizer

Date*

01/21/2018

Please complete the grant application process by clicking the [Submit Application] button below.

File Attachment Summary

Applicant File Uploads

- SCF-Project-Budget-Form.xls

Catching up with the rest of the world

2018 Seward Community Foundation Mini-Grant Program

Seward Nordic Ski Club

Mr. Jason Timothy Aigeldinger
PO Box 2082
Seward, AK 99664

sewardnordicski@gmail.com
O: 2245372
M: (907)362-7654

Mr Mark Luttrell

PO Box 511
Seward, AK 99664

sns@arctic.net
O: 224-5372

Application Form

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Organization Information

Name of Organization*

Seward Nordic Ski Club

Organization's EIN*

92-0114714

Organization Type*

Only qualified, tax-exempt 501(c)(3) organizations (or equivalents, such as Tribal entities, schools, and faith-based organizations) that support charitable organizations and programs in the **Seward/Moose Pass** area are eligible to apply. Please review SCF's Mini-Grant Guidelines to determine your eligibility **before applying.** If you are unsure of your organization's eligibility, please contact ACF's Affiliate Program Officer, Shawn Rivera, at srivera@alaskacf.org or 907-274-6708.

501(c)(3)

Organization's Location*

Is your organization located in the Seward/Moose Pass area? If not, will your project/program benefit this area?

Yes

Benefits to Area (optional)

If your organization is not located in the area but you believe your proposed project/program will benefit area residents, please explain how.

Mission Statement*

What is your organization's mission statement?

The Seward Nordic Ski Club is a non-profit organization dedicated to promoting and supporting Nordic and backcountry skiing for all ages, developing and maintaining a network of groomed trails, and sponsoring community ski activities and educational opportunities.

Description of Organization (optional)

Please provide any additional information about your organization that you wish to share.

We support grooming of ski trails at Bear Lake, Divide, Exit Glacier Road and Trail River Campground, thanks to our top notch trail groomers Jason Aigeldinger, Tom Gilespe, Andy Wilder, Mark Flanagan, Dan Walker, Adam Cross, John Shank and Dennis Perry. The club purchases fuel, and pays for repairs and maintenance.

Annually, the club sponsors a gear swap at which outdoor gear (not just ski related) can be circulated within the community. Barney's Ski Chalet of Anchorage comes down every year to provide new ski equipment. We offer a ski rental program to local kids.

Previous Grant Award Details (if applicable/known)

Please list the project title and date of your most recent grant award, if applicable/known.

[Unanswered]

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Please contact ACF's Affiliate Program Officer, Shawn Rivera, at svivera@alaskacf.org or 907-274-6708 before continuing your application if you have not or are unsure if you have completed a grant report for a previous grant award.

Project/Program Information

Project/Program Name*

Catching up with the rest of the world

Project/Program Start Date*

When will your proposed project/program begin?

01/01/2018

Project/Program End Date*

When will your proposed project/program end? **Please note that awarded grant projects must be completed within one year of receiving a grant.**

03/31/2018

Project/Program Description*

Please describe your proposed project/program, including a discussion of the community need and if you are planning to collaborate/partner with other community organizations or entities.

The Seward Nordic Ski Club's current website functions like a rack card. It doesn't connect to our Facebook page or any other sites that could inform the winter outdoor enthusiasts that make up our membership (currently 125). We'd like to update the site to include 12 main pages and 12 peripheral pages. Visitors to the new site will have access to current winter trail conditions (provided by SNSC and community members); links to useful information like training tutorials, weather sites and avalanche forecast sites; and Twitter, Instagram and Facebook accounts.

No other local entities will be involved.

Project/Program Goals*

Please describe the goals of your proposed project/program, including what outcomes you hope to achieve.

Our goal is to complete the website by March 31, 2018. We anticipate more awareness of club activities, more members and more shared information.

Project/Program Benefits*

Please describe the benefits of your proposed project/program. What will improve on in the Seward/Moose Pass area as a result of this project/program? Who and how many individuals will benefit from this program/project?

SNSC projects and programs support and promote healthy outdoor activity, mainly cross country skiing on groomed trails. All Alaskans and visitors are welcome to use the trails.

An updated website will better connect users to winter activities.

Measuring Success*

Please describe the outcomes that will define if your project/program is successful, including how your organization plans to track and report on these outcomes. Please also describe how your proposed project/program will continue beyond the original grant term, if applicable.

The new website will have a visitor counter, but since the current site never had a counter, we lack comparative data. However, once the new site is launched, we can track visitor numbers day to day. We anticipate a significant jump when the word gets out.

Project/Program Budget

Total Project/Program Budget*

\$2,016.00

Amount Requested*

Please note that individual grant amounts will be awarded up to \$1,000.

\$1,000.00

Project/Program Budget Form*

Please download, complete, and upload the Project/Program Budget Form below. At the bottom of the form, please also list other sources of funding you are seeking and the status of those requests.

Project/Program Budget Form

In the box below, please describe the line items from the budget worksheet in detail.

Copy of SCF-Project-Budget-Form.xls

Contractor fee will be paid to local site builder Stephanie Millane. For an example of the quality of her work, visit the SOS Pets website, sospetsak.org

Optional Documentation

Other Useful Information (optional)

Please provide any other useful information that could help the SCF Grants Committee evaluate your grant application. If desired, you can also upload letters of support and other documentation below.

We are fortunate to have an image from the future. Attached.

The future SNSC website.pdf

Electronic Signature

Authorized Signature*

By typing my name below, I certify that the information provided in this grant application is accurate and complete to the best of my knowledge, and that I am authorized to submit this application on behalf of my organization.

I authorize The Alaska Community Foundation to verify any information submitted as part of this application. I also agree to allow any information on this application (unless otherwise noted) to be released for publication.

Mark Luttrell

Title*

SNSC volunteer

Date*

01/31/2018

Please complete the grant application process by clicking the [Submit Application] button below.

File Attachment Summary

Applicant File Uploads

- Copy of SCF-Project-Budget-Form.xls
- The future SNSC website.pdf


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Processes: 123 total, 2 running, 120 sleeping, 958 threads      00:16:09
Load Avg: 1.75, 1.83, 1.49  CPU usage: 20.08% user, 22.92% sys, 55.62% idle
SharedLibs: 3908K resident, 5760K data, 0B linkedit.
MemRegions: 44714 total, 3362M resident, 77M private, 1112M shared.
PhysMem: 921M wired, 828M active, 765M inactive, 694M used, 1243M free.
VM 230K vsz, 1034M framework vsz, 479788(8) pageins, 0(0) pageouts.
Networks: packets: 581628/454M in, 462614/68M out.
Disks: 229509/3409M read, 418661/7924M written.

PID  COMMAND      %CPU  TIME      #TH  #PD  #PR  #RPRV  #DRD  #RSD
1477  top           12.9  00:01.38  1/1  0    24   33   148K+ 244K  195K+
1466- cvwComp_138  0.0   00:00.04  1    0    18   36   1116K 952K  576K+
1461  bash         0.0   00:00.00  1    0    17   25   296K  856K  96K
1462  login        0.0   00:00.01  1    0    22   62   616K 320K  244K
1459  cvwComp_x86  0.0   00:00.03  1    0    18   34   1592K 952K  622K
1456- Cathode     8077  00:10.88  5    2   127  267  28M+  38M+  69M+
1454  launchd     0.0   00:00.00  2    0    37   45   232K  42K  66K
1452  quicklookd  0.0   00:00.48  6    2   89- 185  21M-  17M  58M-
1451  ccsp        0.0   00:00.01  2    0    42   40   736K 3192K 2152K
1450  edworker    0.0   00:00.06  3    1   48   67   1636K 16M  4284K
123+- Google Chrom  0.3   00:42.07  4    1   93   778  48M  89M  80M
1267- DashboardC11  0.0   00:01.27  5    2   128  228  14M  26M  21M
1266  DashboardC11  0.0   00:02.39  5    2   129  330  40M  43M  97M
1192- Google Chrom  8.8   00:10.10  4    1   93   348  19M-  87M  43M-
1014  ds           0.0   00:00.00  1    0    14   23   180K  240K  436K/

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Old tired Seward Nordic Ski Club website screen

The newest, most functional and greatest website ever!



Dynamic Drum Circle for Life

2017 Seward Community Foundation Mini-Grant Program

Seward Senior Center

Mrs. Dana Paperman
PO Box 1195
336 3rd Ave
Seward, AK 99664

ssc@seward.net
O: 907-224-5604
F: 907-224-2096

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PO Box 1195
336 3rd Ave
Seward, AK 99664

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Organization Information

Name of Organization*

Seward Senior Center

Organization's EIN*

92-0072425

Organization Type*

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your organization's eligibility, please contact ACF's Affiliate Program Officer, Shawn Rivera, at srivera@alaskacf.org or 907-274-6708.

501(c)(3)

Organization's Location*

Is your organization located in the Seward/Moose Pass area? If not, will your project/program benefit this area?

Yes

Benefits to Area (optional)

If your organization is not located in the area but you believe your proposed project/program will benefit area residents, please explain how.

Mission Statement*

What is your organization's mission statement?

To insure honor, dignity, security and independence for the older Alaskan through support services to assist them in maintaining meaningful, quality lives.

Description of Organization (optional)

Please provide any additional information about your organization that you wish to share.

In 2018, the Seward Senior Center will celebrate 40 years of serving the essential needs of our aging populations, providing unduplicated services, to ensure seniors that they might live out their lives within their own home.

Over the past 10 years, the center has added onto our services, piece by piece, evidence based programs, that empower, enrich and enable seniors to stay involved in their activities of daily living amongst peers and friends at the center. We have added more celebration to a seniors life by supporting monthly birthday parties, providing services that are requested and necessary to improve the lives of the low income seniors and those seniors who live without family due to age related death.

Previous Grant Award Details (if applicable/known)

Please list the project title and date of your most recent grant award, if applicable/known.

Fruit of the Month club, November 2017

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Please contact ACF's Affiliate Program Officer, Shawn Rivera, at srivera@alaskacf.org or 907-274-6708 before continuing your application if you have not or are unsure if you have completed a grant report for a previous grant award.

Project/Program Information

Project/Program Name*

Dynamic Drum Circle for Life

Project/Program Start Date*

When will your proposed project/program begin?

02/01/2018

Project/Program End Date*

When will your proposed project/program end? **Please note that awarded grant projects must be completed within one year of receiving a grant.**

12/31/2021

Project/Program Description*

Please describe your proposed project/program, including a discussion of the community need and if you are planning to collaborate/partner with other community organizations or entities.

In partnership with Seaview Community Services, Independent Living Center and the senior center, we propose to support and maintain a weekly drum circle at the center, arranged around the lunch program, when accessible transportation is available as well.

After hosting an after work voluntary drum circle last summer, we met individuals who are very interested in leading a drum circle and providing a wonderful, safe space for individuals to gather and drum as a collective group.

Results include enhanced skills in

- Communication
- Cooperation
- Creativity
- Confidence
- Inclusion
- Unity

Drumcircles encourage participants to express their creativity and develop skills in social and emotional development as well as musical and rhythmic understanding. A drumcircle is accessible to all participants at any level of entry. It is the all of these agencies intention to provide healthy and invigorating opportunities for community and those clients that we extend our services to on a daily basis, to improve their outlook on life, meet new people, and build empathy for our neighbors through active participation and recreational opportunities.

Project/Program Goals*

Please describe the goals of your proposed project/program, including what outcomes you hope to achieve.

Sometimes you don't know where to turn or how to deal with life's adverse conditions, the loss of a loved one, loss of a career or just not sure where to turn for support.

Simply put a drum circle or rhythm circle is a group of people from a few to many sitting with chairs arranged in a circle experiencing the spontaneous creation of music on a variety of drums and percussion instruments.

Why A Circle? Because It's FUN. Drum circles are a popular form of music therapy. In such a situation, each person is able to express themselves through their individual instrument while simultaneously participating as part of a larger whole. Such groups can range from just a few people to literally thousands of individuals.

Drum circles have no beginning or end, no top or bottom. Such a construction places every participant on equal footing, another important component in a therapeutic situation. Drum circles may be facilitated, meaning that they are, to some degree, guided by a facilitator who encourages the participants.

Although many might assume that drum therapy is a fairly recent advent, this is not necessarily the case. Some proponents advocate that drum therapy is an ancient technique and evidence of its history may be found in both Asia and Africa, where some of the world's oldest civilizations reside.

While it may be true that drum therapy has been around for thousands of years, it is also true that in the 20th and 21st centuries, science has been used in an attempt to verify the therapeutic effects of drum therapy and its rhythm techniques.

The ultimate goal is to bring people of all ages (multi-generational) together, in a non threatening environment; to learn to play and work together in the simple form of drumming. A great form of play!

Project/Program Benefits*

Please describe the benefits of your proposed project/program. What will improve on in the Seward/Moose Pass area as a result of this project/program? Who and how many individuals will benefit from this program/project?

Much to the delight of drummers everywhere, some studies indeed show that drumming accelerates physical healing, boosts the immune system, produces feelings of well being and even has a calming effect on people suffering from Autism, Alzheimer's and various traumatic experiences.

A drum circle is a fun, exciting and powerful way to bring individuals together through music.

A facilitated drum circle promotes a safe, stress free and entertaining environment to empower participants.

A drum circle will enhance an individuals experience through visual, auditory and kinesthetic ways of learning.

As the participants relax, enjoy and explore the music, their natural creativity and curiosity emerges and the rhythms grow and change.

Measuring Success*

Please describe the outcomes that will define if your project/program is successful, including how your organization plans to track and report on these outcomes. Please also describe how your proposed project/program will continue beyond the original grant term, if applicable.

A sense of community facilitated drum circles are a practical example of:

- Teamwork
- Togetherness

- Respect
- Community

Drum circles encourage participants to express their creativity and develop skills in social and emotional development as well as musical and rhythmic understanding. A drum circle is accessible to all participants at any level of entry.

- Personal, Social and Emotional Skills
- Creativity, Ingenuity and Quick Thinking
- Awareness of Self Within the Organization
- Cooperation vs. Competition
- Personal Integrity
- Creative Thought Process
- Emotional Intelligence
- Leadership Skills

Drum Circles Inspire:

- Playfulness
- Camaraderie
- Academic Development
- Motivational Learning
- Social Inclusion
- Citizenship
- Integrity

Drum circles are nothing new to our society or the world at large. They are an impressive and incredible opportunity for individuals to learn the art of music, rhythm, and playing well with other, in a non threatening environment.

Project/Program Budget

Total Project/Program Budget*

\$1,195.00

Amount Requested*

Please note that individual grant amounts will be awarded up to \$1,000.

\$995.00

Project/Program Budget Form*

Please download, complete, and upload the Project/Program Budget Form below. At the bottom of the form, please also list other sources of funding you are seeking and the status of those requests.

Project/Program Budget Form

In the box below, please describe the line items from the budget worksheet in detail.

Drumming -Project-Budget-Form.xls

The budget items listed are the musical instruments that we can acquire to support a recreational music program, with in-kind facilitation by many community members.

Optional Documentation

Other Useful Information (optional)

Please provide any other useful information that could help the SCF Grants Committee evaluate your grant application. If desired, you can also upload letters of support and other documentation below.

Electronic Signature

Authorized Signature*

By typing my name below, I certify that the information provided in this grant application is accurate and complete to the best of my knowledge, and that I am authorized to submit this application on behalf of my organization.

I authorize The Alaska Community Foundation to verify any information submitted as part of this application. I also agree to allow any information on this application (unless otherwise noted) to be released for publication.

Dana Paperman

Title*

Executive Director

Date*

12/17/2017

Please complete the grant application process by clicking the [Submit Application] button below.

File Attachment Summary

Applicant File Uploads

- Drumming -Project-Budget-Form.xls

Seward Unleashed, Volume III

2018 Seward Community Foundation Mini-Grant Program

Seward Senior Center

Mrs. Dana Paperman
PO Box 1195
336 3rd Ave
Seward, AK 99664

ssc@seward.net
O: 907-224-5604
F: 907-224-2096

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Please direct **general questions** to SCF's Program Manager, Allison Fong, at afong@alaskacf.org. Please direct **eligibility and technical questions** about the online grant system to ACF's Affiliate Program Officer, Shawn Rivera, at srivera@alaskacf.org or 907-274-6708.

Organization Information

Name of Organization*

Seward Senior Center

Organization's EIN*

92-0072425

Organization Type*

Only qualified, tax-exempt 501(c)(3) organizations (or equivalents, such as Tribal entities, schools, and faith-based organizations) that support charitable organizations and programs in the **Seward/Moose Pass** area are eligible to apply. Please review SCF's Mini-Grant Guidelines to determine your eligibility **before applying.** If you are unsure of your organization's eligibility, please contact ACF's Affiliate Program Officer, Shawn Rivera, at srivera@alaskacf.org or 907-274-6708.

501(c)(3)

Organization's Location*

Is your organization located in the Seward/Moose Pass area? If not, will your project/program benefit this area?

Yes

Benefits to Area (optional)

If your organization is not located in the area but you believe your proposed project/program will benefit area residents, please explain how.

Mission Statement*

What is your organization's mission statement?

To insure honor, dignity, security and independence for the older Alaskan through support services; to assist them in maintaining meaningful , quality lives.

Description of Organization (optional)

Please provide any additional information about your organization that you wish to share.

The Seward Senior Center is celebrating the 40th anniversary of serving seniors nutrition; transportation; education; health promotional opportunities; support services of Medicare and Social Security assistance and enrollment. Seniors attend the center five days a week: to meet their activities of daily living, engage in stimulating conversations, meet friends, validate their contributions to society and to find a place that they can call their own. We celebrate their lives in as many ways as we can, every day of the week.

Previous Grant Award Details (if applicable/known)

Please list the project title and date of your most recent grant award, if applicable/known.

Any outstanding follow ups for previous grant awards from ACF and its Affiliates must be submitted using the online grant system prior to the deadline for the current application to be considered.

Please contact ACF's Affiliate Program Officer, Shawn Rivera, at srivera@alaskacf.org or 907-274-6708 before continuing your application if you have not or are unsure if you have completed a grant report for a previous grant award.

Project/Program Information

Project/Program Name*

Seward Unleashed, Volume III

Project/Program Start Date*

When will your proposed project/program begin?

02/28/2018

Project/Program End Date*

When will your proposed project/program end? **Please note that awarded grant projects must be completed within one year of receiving a grant.**

10/01/2018

Project/Program Description*

Please describe your proposed project/program, including a discussion of the community need and if you are planning to collaborate/partner with other community organizations or entities.

If you haven't had the opportunity to read or peruse Seward Unleashed, Volume's 1 & 2, then you have missed out on learning more about your community members and their heightened stories about life in and around Seward. These human interest short stories helped move the true American spirit and embrace the independent Alaskan character of the 20th century, driving personal experiences into the 21st century.

In partnership with volunteer leaders, Christy Everett Jordan and Sean Iman, the center wants to offer the community another opportunity to have their story published, at no cost to them.

Project/Program Goals*

Please describe the goals of your proposed project/program, including what outcomes you hope to achieve.

To publish 15 local area stories, following the theme: Water to Ice. Stories that capture time on a commercial fishing boat; the first time of seeing a glacier; paddling a kayak with sea lion's on your tail; building mile 12 ski area; sledding on suicide hill (the alley between 1st and 2nd Ave); hunt camp on the edge of the water and the list goes on and on.

Project/Program Benefits*

Please describe the benefits of your proposed project/program. What will improve on in the Seward/Moose Pass area as a result of this project/program? Who and how many individuals will benefit from this program/project?

Many people want to write their personal stories and here at the senior center, we support and encourage this through hosting the 2nd and 4th Wednesday writer's group. Now with two leaders in the group, seniors are more excited than ever before to share stories of Seward past and present.

By offering the community to share a short stories with this project, gives them a positive opportunity to write, improve, rewrite and finalize a story with the support of two trained writer/leaders.

Measuring Success*

Please describe the outcomes that will define if your project/program is successful, including how your organization plans to track and report on these outcomes. Please also describe how your proposed project/program will continue beyond the original grant term, if applicable.

Your own personal memories are alive until you are dead. Writing and publishing memoirs last forever, impressing upon the reader the value of storytelling, reliving the past, and understanding why an individual took a certain path in life. The center's vision is to provide engaging opportunities and validity for many unpublished authors of our community. Together, we can offer the opportunity to publish your short story, relative to Seward, following the water to ice theme, and extend to the community great reading material that puts a face on the community of Seward.

Project/Program Budget

Total Project/Program Budget*

\$1,300.00

Amount Requested*

Please note that individual grant amounts will be awarded up to \$1,000.

\$1,000.00

Project/Program Budget Form*

Please download, complete, and upload the Project/Program Budget Form below. At the bottom of the form, please also list other sources of funding you are seeking and the status of those requests.

Project/Program Budget Form

In the box below, please describe the line items from the budget worksheet in detail.

Seward Unleashed III SCF-Project-Budget2018.xls

Optional Documentation

Other Useful Information (optional)

Please provide any other useful information that could help the SCF Grants Committee evaluate your grant application. If desired, you can also upload letters of support and other documentation below.

We have published two Seward Unleashed books since 2012, with a goal to publish 8 more in the next 10 years.

Since publishing our first book, we have said goodbye to three individuals who have past away since then. It is a gift to leave a story behind for community and family, and to have it published, priceless.

Electronic Signature

Authorized Signature*

By typing my name below, I certify that the information provided in this grant application is accurate and complete to the best of my knowledge, and that I am authorized to submit this application on behalf of my organization.

I authorize The Alaska Community Foundation to verify any information submitted as part of this application. I also agree to allow any information on this application (unless otherwise noted) to be released for publication.

Dana Pperman

Title*

Executive Director

Date*

01/16/2018

Please complete the grant application process by clicking the [Submit Application] button below.

File Attachment Summary

Applicant File Uploads

- Seward Unleashed III SCF-Project-Budget2018.xls



Project/Program Budget	Please list each budget line item for the project/program along with funds you are asking from the Seward Community Foundation and any other funds involved.		
Budget Line Item	Funds you are requesting from the Seward Community Foundation	Other Funding Sources/In-kind that you are budgeting for this project	Total Project Budget
Example: Item A	(requested amount)	(other available funding)	(total for line)
			0
Publish 300, 140 page books	1000	300	1300
			0
			0
			0
			0
			0
			0
			0
			0
			0
			0
			0
			0
			0
Totals	1000	300	1300

Sources of other funds	Amount	Status of funds (already secured, uncertain, etc.)
Seward Senior Center	In - Kind editor	Secured
Seward Senior Center	In - Kind instructor	Secured

Mindfulness-Based Stress Reduction Community Program - Class Supplies

2018 Seward Community Foundation Mini-Grant Program

Wellness For All

Ms Micheley Kowalski
PO Box 767
Seward, AK 99664

wellnessforallseward@gmail.com
O: 907-491-0545

Ms Micheley Kowalski

PO Box 767
Attn: Wellness For All
Seward, AK 99664

wellnessforallseward@gmail.com
O: 9074910545

Application Form

Instructions

The Seward Community Foundation (SCF), an Affiliate of The Alaska Community Foundation (ACF), seeks applications from qualified, tax exempt 501(c)(3) organizations (or equivalents, such as Tribal entities, schools, and faith-based organizations) that support charitable organizations and programs in the **Seward/Moose Pass** area. Mini-grants of up to \$1,000 are intended to be a flexible funding opportunity that may support a broad range of community needs throughout the year, including but not limited to health and wellness, education, the great outdoors, arts and culture, and community development.

Grant projects must be completed within one year of award and are subject to the grantee completing an online grant agreement signifying acceptance of the terms and conditions of the grant. A final grant report and any other outstanding follow ups must also be submitted online before the grantee will be eligible for future grant opportunities from SCF. Due dates and the forms to submit for these follow ups can be found by logging into the online grant system.

Grant applications must be submitted online. The Seward Community Foundation's Advisory Board reviews mini-grant applications at their monthly meeting and the **deadline to submit an application for consideration is the first Wednesday of each month.** Any overdue grant reports or other follow ups for previous grant awards from ACF and its Affiliates must also be submitted using the online grant system prior to the deadline for the current application to be considered.

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Please direct **general questions** to SCF's Program Manager, Allison Fong, at afong@alaskacf.org. Please direct **eligibility and technical questions** about the online grant system to ACF's Affiliate Program Officer, Shawn Rivera, at srivera@alaskacf.org or 907-274-6708.

Organization Information

Name of Organization*

Wellness For All

Organization's EIN*

47-5624328

Organization Type*

Only qualified, tax-exempt 501(c)(3) organizations (or equivalents, such as Tribal entities, schools, and faith-based organizations) that support charitable organizations and programs in the **Seward/Moose Pass** area are eligible to apply. Please review SCF's Mini-Grant Guidelines to determine your eligibility **before applying.** If you are unsure of your organization's eligibility, please contact ACF's Affiliate Program Officer, Shawn Rivera, at srivera@alaskacf.org or 907-274-6708.

501(c)(3)

Organization's Location*

Is your organization located in the Seward/Moose Pass area? If not, will your project/program benefit this area?

Yes

Benefits to Area (optional)

If your organization is not located in the area but you believe your proposed project/program will benefit area residents, please explain how.

Mission Statement*

What is your organization's mission statement?

To create and encourage healthy families and individuals in our community.

Description of Organization (optional)

Please provide any additional information about your organization that you wish to share.

Wellness For All (WFA) is a “branch” of the Seward Prevention Coalition. In 2016 WFA received a Providence Seward community benefit partnership grant to implement the CDC's PreventT2 Diabetes Prevention Program in the community. In the last year and a half, WFA has worked to reestablish its place in the Seward community as a leader in health and wellness initiatives. WFA has brought the Seward Strong community planning event to Seward, and supported the Seward Community Health Center in its Back to School Backpack program. It has also supported the Skip and Marie Fletcher Winter Movie Series, provided low income family tickets for the local production of Charlie Brown, contributed to the the Qutekack Native Tribe Annual Potlatch, and purchased a new volleyball net and equipment for the high school volleyball team.

Previous Grant Award Details (if applicable/known)

Please list the project title and date of your most recent grant award, if applicable/known.

Diabetes Prevention Program - Take Care of Your Diabetes Conference; \$846.12

Any outstanding follow ups for previous grant awards from ACF and its Affiliates must be submitted using the online grant system prior to the deadline for the current application to be considered.

Please contact ACF's Affiliate Program Officer, Shawn Rivera, at srivera@alaskacf.org or 907-274-6708 before continuing your application if you have not or are unsure if you have completed a grant report for a previous grant award.

Project/Program Information

Project/Program Name*

Mindfulness-Based Stress Reduction Community Program - Class Supplies

Project/Program Start Date*

When will your proposed project/program begin?

02/22/2018

Project/Program End Date*

When will your proposed project/program end? **Please note that awarded grant projects must be completed within one year of receiving a grant.**

04/12/2018

Project/Program Description*

Please describe your proposed project/program, including a discussion of the community need and if you are planning to collaborate/partner with other community organizations or entities.

Mindfulness-Based Stress Reduction (MBSR) is a clinical, evidence-based program developed at the University of Massachusetts Medical School. MBSR is an eight-week course based on systematic and intense training in mindfulness meditation and mindful hatha yoga. The curriculum is designed to help guide program participants in learning to practice, integrate and apply mindfulness to their everyday lives. The intention of the curriculum is to create a structured pathway to relieve suffering and increase well-being for people facing a host of challenges including a wide range of medical and psychological conditions, as well as the demands and stressors inherent in the everyday lives of human beings.

Wellness For All Coordinator, Micheley Kowalski, has been trained by the Center for Mindfulness through the University of Massachusetts Medical School to deliver the MBSR curriculum. She is currently listed as a "Qualified Teacher" through their teacher training program. She will offer the 8-week MBSR curriculum from Feb 22-April 8, 2018. There will be a free information session about the program on February 15 and the first class will take place February 22. There will also be an all-day silent mini-retreat class between week 2, 6 and 7 of the program. The class will be offered in the evening at Resurrect Art Coffee House. The goal is to have at least 12 participants for the first course, with the long-term plan of having the course run at least once a year for the foreseeable future.

To our knowledge there is little being offered in the Seward community in the way of mindfulness practice teachings. There are yoga classes offered at the work-out facilities in town, but we don't believe there are currently meditation and/or stress-reduction classes offered for adults in Seward.

To offer the MBSR curriculum, we are partnering with the Seward Prevention Coalition and Resurrect Art Coffee House is donating the space for hosting the class.

Currently we have an instructor for this program, and we have the space for delivering the curriculum, and we are asking the Seward Community Foundation for support in purchasing supplies needed for the MBSR program: yoga mats, yoga blocks and straps, and meditation mats and cushions for 12 participants.

Project/Program Goals*

Please describe the goals of your proposed project/program, including what outcomes you hope to achieve.

Our goal is have at least 12 participants in our first MBSR class. Of those 12 participants we hope at least 10 will finish the entire curriculum. Participants will be given a pre-program assessment and a post-program assessment, with the goal of improvement in the following areas: stress, mood, life satisfaction, emotional resilience, and coping skills.

Project/Program Benefits*

Please describe the benefits of your proposed project/program. What will improve on in the Seward/Moose Pass area as a result of this project/program? Who and how many individuals will benefit from this program/project?

There is a great deal of clinical and scientific research that validates and supports MBSR as an effective clinical approach for the development of positive health behaviors, psychological and emotional resilience, and an overarching sense of well-being that can be effectively cultivated and relied upon across the adult life span. While the goal is 12 participants for this first MBSR class, the effects of the program will also hopefully have a wider audience in that it will also positively impact the friends and families of the participants.

Additionally, the plan is for this course to be offered at least once a year, so the supplies purchased for the initial class will continue to be in use for many cycles of the program in the future.

Measuring Success*

Please describe the outcomes that will define if your project/program is successful, including how your organization plans to track and report on these outcomes. Please also describe how your proposed project/program will continue beyond the original grant term, if applicable.

We will identify this program as a success if we have at least 12 participants in our first group, and if at least 10 of the 12 participants complete the program. Additionally, we will have all participants complete a pre- and post-class assessment to measure outcomes in the following domains: stress, mood, life satisfaction, emotional resilience, and coping skills. The goal is to have these domains improve over the course of the program.

The plan is for this course to be offered at least once a year, so the supplies purchased for the initial class will continue to be in use for many cycles of the program in the future.

Project/Program Budget

Total Project/Program Budget*

\$918.00

Amount Requested*

Please note that individual grant amounts will be awarded up to \$1,000.

\$918.00

Project/Program Budget Form*

Please download, complete, and upload the Project/Program Budget Form below. At the bottom of the form, please also list other sources of funding you are seeking and the status of those requests.

Project/Program Budget Form

In the box below, please describe the line items from the budget worksheet in detail.

Wellness For All - MBSR Program Budget.xls

MBSR is an experiential program where students learn both formal and informal mindfulness practices, including sitting meditation and hatha yoga. As such, students utilize props for these practices including yoga mats, blocks and straps, and meditation cushions. Students practice yoga on a mat to help with traction and to cushion the body from the floor, particularly in laying-down poses. Blocks and straps help support participants as they move through varying levels of flexibility in poses. Sitting meditation can take place with participants in chairs, but often students sit on the floor utilizing a soft, cushioned mat under their legs (called a zabuton) and a cushion to sit on (called a zafu). These props and their respective costs are outlined in the attached budget spreadsheet. The instructor time to teach this program is funded through the Wellness For All program, as well as material and printing costs for participant handouts, and the classroom space is donated by Resurrect Art Coffee House.

Optional Documentation

Other Useful Information (optional)

Please provide any other useful information that could help the SCF Grants Committee evaluate your grant application. If desired, you can also upload letters of support and other documentation below.

There is a great deal of data supporting the MBSR program, but one reader-friendly article is found here if you are interested in reading more about this evidence-based program:

<https://www.mindful.org/the-science-of-mindfulness/>

MBSR Flyer.pdf

Electronic Signature

Authorized Signature*

By typing my name below, I certify that the information provided in this grant application is accurate and complete to the best of my knowledge, and that I am authorized to submit this application on behalf of my organization.

I authorize The Alaska Community Foundation to verify any information submitted as part of this application. I also agree to allow any information on this application (unless otherwise noted) to be released for publication.

Micheley Kowalski

Title*

Coordinator, Wellness For All

Date*

02/07/2018

Please complete the grant application process by clicking the [Submit Application] button below.

File Attachment Summary

Applicant File Uploads

- Wellness For All - MBSR Program Budget.xls
- MBSR Flyer.pdf

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Mindfulness-Based Stress Reduction (MBSR)

An 8-Week Course in Mindful Practices



Mindfulness-Based Stress Reduction (MBSR) is an intensive 8-week course designed to transform your relationship with stress, improve your health, and increase enjoyment of life.

“Mindfulness provides a simple but powerful route for getting ourselves unstuck, back into touch with our own wisdom and vitality. It is a way to take charge of the direction of our lives, including our relationships within the family, our relationships to work and planet, and most fundamentally our relationship with ourselves as a person.” - Jon Kabatt-Zinn, Ph.D.

Class Detail and Schedule:

Instructor - Micheley Kowalski, LPC

Class meets at Resurrect Art Coffee House - 320 3rd Ave.

Thursday, Feb. 15, 6pm - Free Informational Session & Registration

Class Meets Thursdays: Feb. 22 - April 12, 6pm-8:30pm

8 Classes + Full Day of Mindfulness - Sat. March 31, 10am-4pm

Cost: \$120 - *course partially funded by Wellness For All*

Questions? Email: wellnessforallseward@gmail.com

